

Kajun Martial Arts Belt Assignments

Little Warrior - Yellow Belt Jr.

Basics Rear Hand Round Punch
Front Leg Side Kick

Other Students should continue to work their White through White Sr. material, which includes:

BASICS:

All Blocks
Front and Rear Hand Inward Strikes
Front and Rear Leg Front Kicks
Side Fist Strikes
Back Fist Strikes
Knife Hand Strikes
Rear Knee Strike

PATTERNS:

White Belt - Pattern Name Gyum-soan IL Jul
White Belt Sr. - Pattern Name Gyum-soan IL Jang

