

Kajun Martial Arts Belt Assignments

Little Warriors - White Belt Purple Stripe

- 1st Stripe - Outward, Inward, and Downward Block (right and left side)
- 2nd Stripe- Basics: Front & Rear hand inward punches AND Front & Rear leg front kicks (right and left side)
- 3rd Stripe- Pattern - name is Gyum-soan IL Jul (Korean)
- Right Side:
1. From Joon Bea (ready stance)
 2. Step back with left leg into a right guard stance
 3. Execute a front outward block with a Kihap
 3. Execute a rear inward punch.
 4. Come back to Joon Bea when called.
- Left Side:
1. From Joon Bea (ready stance)
 2. Step back with right leg into a left guard stance
 3. Execute a front outward block with a Kihap
 3. Execute a rear inward punch.
 4. Come back to Joon Bea when called.

Special Skill(s) obtained by now

Knowledge of what Pil Sung means and count to ten in Korean

Jump over the pads and keep both feet together

Answer up Yes/No Sir/Mam 100% of time

Block the Light Saber or Blocker with all three blocks

Knowledge of Basic Stretches

Pil Sung – To always do my best and never give up.

One Hanah

Two Dool

Three Set

Four Neht

Five Dasut

Six Yuhsuht

Seven Ilgop

Eight Yuhduhl

Nine Ah Hop

Ten Yuhl



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