

# **Kajun Martial Arts Belt Assignments**

## **Little Warriors - White Belt Orange Stripe**

1<sup>st</sup> Stripe - Outward and Inward Block (right and left side)

2<sup>nd</sup> Stripe- Rear hand inward punches (right and left side)

3<sup>rd</sup> Stripe- Front leg front kick(right and left side)

Special Skill(s) obtained by now

Throw ball or pad to teacher with some accuracy

Answer up Yes/No Sir/Mam 80% of time

Block the Light Saber or Blocker with Outward Block



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