

Kajun Martial Arts Belt Assignments

Little Warriors - White Belt Blue Stripe

- 1st Stripe - Outward, Inward, and Downward Blocks (right and left side)
- 2nd Stripe- Front hand and Rear hand inward punches (right and left side)
- 3rd Stripe- Front leg and Rear leg front kick (right and left side)

Special Skill(s) obtained by now

Duck and dodge the light saber

Answer up Yes/No Sir/Ma'am 90% of time

Block the Light Saber or Blocker with Inward Block



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