

Welcome to the Family



Master Blanchard's
KAJUN MARTIAL ARTS



KAJUN MARTIAL ARTS
38011 Hwy 621, Suite B & C
Gonzales, LA 70737

Greetings,

I would like to personally congratulate you on your decision to join our martial art school. Our core style of martial art, called Choi Kwang-Do, is not just kicking and punching, but a complete learning experience. The methods taught at our schools are proven to be the most effective available today. We teach individual life-skills including confidence, self-esteem, self-control, patience, and discipline, as well as the practical self defense.

The martial arts are a life-long activity that can be practiced by people of any age. In our school, we have students as young as 3 years old all the way up to adults in their late 60's. A common question we hear from people is, "how do martial arts compare to other sporting activities?" As a practicing martial artist for over 15 years, I try to impart that the martial arts are far ahead of anything else. Only by experiencing our training can one fully appreciate the life-changing benefits the martial arts have to offer.

We thank you for choosing KAJUN MARTIAL ARTS. We hope to have you, or your child, as a student for a lifetime so that you may realize your own potential... and reach levels that are unimaginable.

*In Spirit,
Ryan P. Blanchard
Chief Master Instructor*

Introduction

Before making the commitment to a martial arts education, we feel it is important that you understand the responsibilities involved, both ours as well as yours. You will find it helpful to familiarize yourself with the information in this booklet. We believe that if you thoroughly understand our methods, you will be able to more effectively work towards accomplishing the goals you have set for yourself. At KAJUN MARTIAL ARTS (KMA), we believe that communication is the key. If we work hard to maintain good communications, then we will have a great, long lasting relationship. If at anytime during your training you have questions or comments, we encourage you to express them to us without hesitation. Please call (225-313-6849), stop in, or e-mail me at admin@prairievilleckd.com.

Note for children and school-age students:

We have determined that children's success, both in and out of our school depends largely on effective communication between: 1) the child's parents, 2) the child's school teacher, and 3) the child's martial arts teacher. We all must work together in order to achieve the maximum potential of each child. This can only happen when all three of these links are joined together as a team.

Information

Enrollment

You may initially enroll at KMA on either a three-month agreement, or a one-year agreement. The three-month program is considered a "trial program." After that period, students should be prepared to make a solid commitment to their training, a spirit we call "Black Belt Excellence", since they are now on the path to black belt. Consequently, all future agreements are done in nine-month intervals for Preschoolers and one-year intervals for regular KMA students only.

Uniform

In our school we encourage a certain look of "uniformity." This is so all students will feel comfortable and a part of their class from the beginning. Therefore, every student must have a complete uniform at all times. For beginners this includes our white uniform with white school t-shirt worn or solid white t-shirt underneath. One of the aspects of martial arts taught in our school is that the training is done in a traditional uniform. Therefore it is mandatory that a student has their full uniform whenever they come to train. Another tradition we observe is that the belt never gets washed. The dirt on the belt is a reflection of the hard work the student has put in and reminds him or her of the time and effort required to get a true "black belt."

Required Equipment

At white belt sr., students are required to purchase a set of hand gear. At yellow belt, students are required to purchase a set of foot gear. We have all necessary gear on display in our store. The sales associates will be happy to size and fit you or your child. The gear is an insurance regulation and is mandatory for use in class. All gear must be purchased through our school. We do not recommend sharing gear for sanitary reasons.

Tuition

Tuition payments are made directly to our billing company. You will either have it debited from your account electronically or pay in full at time of enrollment. You can choose to have an EFT or credit card debit. We are happy that our relationship will be instructional.

Attendance

Each time you come to class remember to pull your attendance card. If the child is too young we will do it for them. Your promotions are partly based on your attendance so this is very important.

Online Resources

This is another way to enhance your training at our centers. At www.kajunmartialarts.com we have a password-protected area for students only. On this site you can access terminology, principles, pledges, belt assignments, etc. In order to gain access to this area you must go online to www.kajunmartialarts.com and enter the Student Site section of the website. Then you will log in. You will emailed your first belt assignment along with the password within the first week of becoming a member of our centers.

The Black Belt and Masters Club

The KMA Masters Club is a special club of students of all ranks that attend our school. Your biggest goal the first 3 to 6 months is to qualify for the BBC or MC. Once you qualify you will be invited to join by one of your instructors. At KMA, we pride ourselves in cultivating the “black belt attitude.” These programs are designed to allow students to participate in extra classes, share in special classes just for BBC and MC members, as well as receive discount on all merchandise and special events. Ask your instructor for more information.

Team Leader Character Development Program (STORM TEAM)

This unique program teaches children ages ten and older the necessary skills to teach, speak in public, and help others. Ask your instructor for more information

Junior Instructor Program

This unique program teaches children ages 12 to 14 the necessary skills to become an Assistant Instructor at our school.

Assistant Instructor (SWAT TEAM)

This unique program teaches students ages 14-up the necessary skills to teach students of all ages. They learn how to teach, speak in public, work as a team, and instruct. All Assistant Instructors are certified through KMA by Master Blanchard. Students go through extensive training in KMA instruction.

Head Instructor Program

This unique program teaches black belt students ages 18-up the necessary skills to run a martial arts school. They learn how to teach, speak in public, lead a team, and instruct. All Head Instructors are certified through KMA by Master Blanchard. Head Instructors go through extensive training in KMA instruction. This includes physical, the mental, and the motivational aspects that make KMA unique.

We hope that the information in this booklet provides answers to any questions you may have. If you have a question not addressed here, please call or stop in anytime to speak to us. We are here to help. We want your search to be a "Quest to Be the Best" and your goal to be "Black Belt Excellence." It would make me very proud to tie a Black Belt around your waist. You can do it.

Thank you.

School Events

KMA takes prides in offering a diverse selection of extra-curricular activities for our students. These events are not a required part of the training curriculum; however they add a richness and sense of family that sets our school apart from the rest. Students are encouraged to participate and experience the wide range of events related to martial arts training.

Parents Night Out

Open to all students and held at the school. We order pizza, have drinks, watch movies, and play games. All while the parents go out have fun. Leave the entertaining to us. A flyer will announce the date and movie titles.

Bowling night

Open to BBC and MC students and held at a local bowling establishment one or two times per year. This is fun for the entire family. A flyer will announce the event particulars.

Community Events

KMA actively participates in community service and events such as fundraisers, fairs, and parades. Generally, all students are welcome to participate. Please let us know if we can demonstrate for one of your events or charities.

Belt Testing

Promotions are a special event. They are held monthly and are a requirement for all students in order to progress in their training. The specific information for each promotion is given to the students and parents ahead of time. Promotions are similar to tests given at regular school and are conducted a Saturday for all KMA students. This is an occasion for parents and guests to watch their child proudly move to the next level. Please bring the cameras and take all the video and pictures you want. There are **no classes** on testing days. Testing fees are included in monthly tuition costs.

Belt Presentation

Belts are presented on the Monday after Belt Testing at 6:30 P.M. There is no class on Belt Presentation days.

Picture Day

At various times, KMA will host a picture day to allow the students to have professional quality photographs taken of themselves in the school. Pictures may also be taken with the instructors. We are happy to pose with our students. Packages are available and a flyer is sent out prior to the event.

Buddy Week

From time to time, KMA host a “Buddy Week” so that students can bring their friends in to try out a class. The training is tailored to suit beginners and the spirit is warm and friendly to help make new people feel comfortable. Buddy Week passes will given out prior to the event.

Seminars

KMA will host 4 seminars a year. These will be open to all students, families, and the community. These seminar will be additional training for the students to experience other types of styles and martial arts training. Seminars will be announced in class and posted on the monthly calendar.

Common Questions and Answers

Q: How long does it take for each student to be promoted?

A: A promotion is an honor and a gift; it is not a right. It is an exchange of knowledge from the teacher to the student. Each student is totally different. They are individuals. When the martial arts began, there was only one belt color, white. The belts changed colors based on the hard work you put into them. Through rigorous training the belts changed from white to yellow, and eventually to brown and black. In this way, the instructor knew how long you were there. In our society we follow a more Americanized/modernized approach for students to gauge their progress. That is how the different belt colors came about. In our school we have three criteria that make a student eligible for their promotion:

1) Length of time between each belt. This varies for each rank.

White to White Sr – 1 month from Yellow to 1st Dan Black – 2 months between testings
White Sr. to Yellow – 1 month

2) Classes within a specific time period. This means that each student is required to do a minimum number of classes for each rank to be eligible for promotion. This also varies depending on the rank.

White to White Sr – 6 classes from Yellow to 1st Dan Black – 16 classes between testings
White Sr. to Yellow – 8 classes

3) Most importantly is the knowledge of the material within the curriculum. It is very important to understand – each student is different and progresses at different rates. You cannot compare any single student to other students. The final thing to realize is that the head instructor makes the decision on the promotion time and dates. This is a decision that is based on the student’s attitude, energy, ability, patience, physical strength and a multitude of other things. All we ask is that you trust that we are doing our job and be patient.

Q: What separates our style (art) and school from others?

A: This answer could take forever, so I will make this brief... our style is a self-defense martial art. Everything we do is geared toward defending ourselves. We are not a sport martial art. We are not as “flashy” as other schools. But, we do know how to defend ourselves. Our style fully encompasses the arts of developing the body and mind using modern science. One last comment is that there are a vast majority of martial arts schools that do not practice self-defense. Since I was a young child, self-defense has been my main focus. I believe that many schools are not teaching true martial arts and are still training using outdated techniques.

Q: How can I get involved, or what do I do to help my child progress?

A: This all depends on who you are. If you are a student then you can do whatever you can to be as much a part of the school as possible. Come to as many of the extracurricular events that are held. Be involved in the teaching aspect, or assisting in the future. Read and learn as much as you can about the style, the teachers and the school. If you are a parent the same goes for you in regards to the extracurricular activities and the reading. The more time and effort you put forward the more you will get out. Keep focused and stay motivated. Most of all, keep your line of communication open to us at all times. We need to know if a student has become de-motivated so we can correct the problem. Also, we highly recommend home practice of at least a minimum of **three days for ten minutes each day**. This is as important as regular attendance in our school.

Q: What are the qualifications of the instructors?

A: At KMA, all instructors are KMA Certified and have been put through a grueling period of training, not only physically, but also on how to teach properly. They have been taught the proper methods of safety as well. Each instructor learns how to deal with children and students in specific situations. All instructors have trained a mandatory number of years within our system as well. In our school it takes about three years to become a Black Belt. Note also that although a student might wear a Black Belt, it doesn’t mean that they are teachers within our school.

Q: What should I do to maintain the uniform?

A: The uniform is a very special thing. Students should take pride in keeping the uniform clean and wrinkle free at all times. The student/parent is responsible for all necessary hemming, cleaning and putting on the patches. An un-hemmed uniform is sloppy looking, as well as dangerous, so be sure to take care of these things. Please remember, the belt never gets washed.

Q: Can I stay and watch the classes?

A: This is a commonly asked question. In many martial arts facilities, the parents stay and watch their children. We do not object to watching, but encourage the parents to do it on a limited basis. We, like most school systems, believe it is distracting to the student as well as the staff and limits their productivity. A younger child may be more inclined to listen if the parent is not allowed to watch. We ask that you are courteous and understand if the viewing area is not available then you are welcome to come back another time or even come back a bit later.

Q: What about make-up classes?

A: We allow our students to make up classes that they have missed, whether it is due to our school closing or a student being sick or not able to attend. The make-ups may be carried through from month to month. We do suggest that you do not miss regularly. We believe that regular attendance is the key to a successful martial arts career.

Events to look forward to:

Holiday Party, Parents Shows, Family Picnic

Parents Night

We do a series of events that are fun for the students as well as providing a relaxing night for the parents.

Do Jang Sleepovers

Announced Monthly

Special Black Belt Club Events

Announced Monthly

Holiday Closings – Holiday closings are subject to change. Any additional closings are posted on the website and on the monthly calendar.

Easter Weekend

Memorial Day Weekend

Independence Day

Labor Day Weekend

Halloween

Thanksgiving Weekend

Christmas and New Years Holidays – 2 weeks. We re-open on the 2nd of January.

Gear requirements according to rank

White Belt Sr. - Hand Gear

Yellow Belt - Foot Gear

This is the gear you are required to purchase over the course of your training. This is to enhance your training at our centers.

Discounts for Proshop Sales

KMA takes prides in offering a diverse selection of Martial Arts merchandise to assist with your training. Some of these are required; however, the ones that are not add different ways to enhance you or your child's training. Therefore, we will periodically extend Discounts to you to purchase the items you want. Listed below are some Discounts that may come your way during your training. Discounts are subject to change and can only be honored if coupon or postcard is brought in. Discounts are usually sent out via email, so make sure you have provided us with a valid email address.

Belt	Discount	Item
White	50%	KMA T-Shirt**
White Sr.	10%	Gear Package 2
Yellow	10%	Hand Pad
Yellow Sr.	10%	Wavemaster
Gold	10%	CKD book
Gold Sr.	10%	Set of CKD videos
Orange	10%	New Uniform
Orange Sr.	10%	Any purchase of \$50 or more from the proshop
Green	10%	KMA T-Shirt
Green Sr.	10%	Hand Pad
Blue	10%	Wavemaster
Blue Sr.	10%	CKD book
Purple	10%	Set of CKD videos
Purple Sr.	10%	New Uniform
Red	10%	Any purchase of \$50 or more from the proshop
Red Sr.	10%	Any purchase of \$50 or more from the proshop
Brown	10%	Any purchase of \$50 or more from the proshop
Brown Sr.	10%	Any purchase of \$50 or more from the proshop
Black Belt	10%	Any purchase of \$50 or more from the proshop
2 nd Dan Black Belt	10%	Any purchase of \$50 or more from the proshop
**You will receive a postcard for the 50% off of a KMA T-shirt after your 1 st visit to the school. All others will be sent as a coupon in an email to you 3 days before your testing.		