



KMA FITNESS SCHEDULE



Morning Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	--	5:00am	--	5:00am		
--	--	--	--	--	8:00am	Time TBD
10:00am	10:00am	10:00am	10:00am	10:00am	--	

Afternoon Classes

4:30pm	--	4:30pm	--	--	--	--
5:45pm	5:45pm	5:45pm	5:45pm	--	--	--
--	7:30pm	--	7:30pm	--	--	--

36546 Mission Street – Prairieville LA 70769 – 225-313-6835